

**Michigan Department of Education
Office of Health and Nutrition Services
School Nutrition Programs**

**Local Wellness Policy:
Triennial Assessment Summary**

Background

The Healthy, Hunger-Free Kids Act of 2010 requires Local Educational Agencies (LEAs) to update or modify their wellness policy, as appropriate. When wellness committees meet on a regular basis throughout the school year, an assessment plan should be used to ensure progress is being made on the district's wellness policy and procedures.

Purpose

The template below is offered to help summarize the information gathered during your assessment. Members of a school wellness committee who are completing the triennial assessment for their school wellness policy may use this template. It contains the three required components of the triennial assessment, including 1) compliance with the wellness policy, 2) how the wellness policy compares to model wellness policies, and 3) progress made in attaining the goals of the wellness policy.

Results

The copy of the assessment must be made available to the public. How the assessment is made available is the decision of the LEA. Many LEA's choose to post the results on their district website. The triennial assessment summary and the assessment details must be shared.

Recordkeeping

Keep a copy of the most recent triennial assessment, along with supporting documentation on file. This will be needed when you have a School Nutrition Program administrative review.

Resources

<https://www.fns.usda.gov/tn/local-school-wellness-policy>

https://www.michigan.gov/mde/0,4615,7-140-66254_50144-194546--,00.html

Section 1: General Information

School(s) included in the assessment:

Clinton Community Schools

Month and year of current assessment: June 2021

Date of last Local Wellness Policy revision: June 19, 2017

Website address for the wellness policy and/or information on how the public can access a copy:

<https://miclintonschools.org/about/board-of-education/>

Section 2: Wellness Committee Information

How often does your school wellness committee meet? Monthly

Section 3. Comparison to Model School Wellness Policies

Indicate the model policy language used for comparison:

- Michigan State Board of Education Model Local School Wellness Policy
- Alliance for a Healthier Generation: Model Policy
- WellSAT 3.0 example policy language

Describe how your wellness policy compares to model wellness policies.

Both policies (MDE & Clinton Schools) establish a school environment that promotes student's health, well-being & ability to learn by supporting healthy eating & physical activity.

The district and Michigan policy require that the Wellness Committee review the Wellness policy once a year and the policy is available on the website. The Clinton Wellness Committee annually reviews this policy in May.

Both the Clinton & MDE policy address nutrition and physical education goals along with school-based activity policies. This committee is required to meet four times a year but Clinton's Wellness committee meets once a month to discuss enhancements to our policy/programs.

The triennial assessment is part of the MDE Local School Wellness, which the district will be completing before June 30, 2021 for Clinton Community Schools.

Section 4. Compliance with the Wellness Policy and progress towards goals

At a minimum, local wellness policies are required to include:

- Specific goals for:
 - Nutrition promotion and education
 - Physical activity
 - Other school based activities that promote student wellness.
- Standards and nutrition guidelines for all foods and beverages sold to students on the school campus during the school day that are consistent with Federal regulations for school meal nutrition standards, and the Smart Snacks in School nutrition standards.
- Standards for all foods and beverages provided, but not sold, to students during the school day (e.g., in classroom parties, classroom snacks brought by parents, or other foods given as incentives).
- Policies for food and beverage marketing that allow marketing and advertising of only those foods and beverages that meet the Smart Snacks in School nutrition standards.
- Description of public involvement, public updates, policy leadership, and evaluation plan.

Using the table below to indicate the progress made with each goal included in the Wellness Policy. The table may be used for each school separately or the district as a whole.

Tip: When developing a wellness plan, ensure activities are meeting goals by developing SMART objectives:

- **Specific:** Identify the exact area to improve.
- **Measurable:** Quantify the progress.
- **Attainable:** Determine what is achievable.
- **Realistic:** Consider resources and determine what can reasonably be accomplished.
- **Time bound:** Identify deadlines for goals and related tactics.

The Centers for Disease Control and Prevention (CDC) has tips for developing [SMART objectives](#).

Michigan Department of Education Local Wellness Policy Assessment Plan

School Name: Clinton Community Schools

Date: June 2021

Nutrition Promotion and Education Goal(s):

Goal What do we want to accomplish?	Action Steps What activities need to happen?	Timeline Start dates	Measurement How is progress measured?	Lead Person	Stakeholders Who will be involved and/or impacted?	Complete?
Example: Food and beverages will not be used as a reward for students.	<ul style="list-style-type: none"> a) Provide teachers with list of non-food reward examples. b) Discuss changes at back-to-school staff training. c) Follow-up mid-year to discuss challenges and determine additional communication needed. 	Before the beginning of next school year.	<ul style="list-style-type: none"> – Verbal check-ins with staff to ensure compliance. – Teacher survey at end of school year. 	Principal	Teachers, staff, students	Yes
Nutrition Education should be part of Health curriculum	a) All buildings have a nutrition component as part of the health curriculum	Beginning of school year		Principal	Teacher, staff, students	Yes
Nutrition Education posters should be displayed in Cafeteria	a) All buildings have posters in Cafeteria	Beginning of school year		Director	Staff and Students	Yes
Instruction relating to nutrition should be provided by highly qualified teachers	a) All buildings have curriculum taught by highly qualified teacher	Beginning of school year		Principal	Teacher, staff, students	

Physical Activity Goal(s):

Goal What do we want to accomplish?	Action Steps What activities need to happen?	Timeline Start dates	Measurement How is progress measured?	Lead Person	Stakeholders Who will be involved and/or impacted?	Complete?
K-12 students should have a PE program with standards established by state	a) All buildings have a PE program	Beginning of school year		Principal	Teacher, staff, student	Yes

School-based activities to promote student wellness goal(s):

Goal What do we want to accomplish?	Action Steps What activities need to happen?	Timeline Start dates	Measurement How is progress measured?	Lead Person	Stakeholders Who will be involved and/or impacted?	Complete?
Schools must provide 15 minutes daily for students to eat	a) All building allow a minimum of 15 minutes to eat.	Beginning of school year		Principal	Teacher, staff, students	Yes

Nutrition guidelines for all foods and beverages for sale on the school campus (i.e. school meals and smart snacks):

Goal What do we want to accomplish?	Action Steps What activities need to happen?	Timeline Start dates	Measurement How is progress measured?	Lead Person	Stakeholders Who will be involved and/or impacted?	Complete?
No food or beverage should be sold during school hours.	a) All buildings adhere to this guideline and concessions are sold ½ hour after school dismissal.	4:00 for HS/MS and 3:00 for Elem		Principal	Students	Yes
All food available to students in fundraising, concessions, celebrations should promote student health & well-being.	a) All buildings adhere to Smart Snacks	Beginning of Year		Principal	Students	Yes

Guidelines for other foods and beverages available on the school campus, but not sold:

Goal What do we want to accomplish?	Action Steps What activities need to happen?	Timeline Start dates	Measurement How is progress measured?	Lead Person	Stakeholders Who will be involved and/or impacted?	Complete?
All food & beverages that are provided (not for sale) shall comply with food & beverage standards approved by Superintendent	a) All buildings adhere to Smart Snacks	Beginning of Year		Principal	Students	Yes

Marketing and advertising of only foods and beverages that meet Smart Snacks:

Goal What do we want to accomplish?	Action Steps What activities need to happen?	Timeline Start dates	Measurement How is progress measured?	Lead Person	Stakeholders Who will be involved and/or impacted?	Complete?
Posters stated Smart Snacks	All buidings have posters in cafeteria	Beginning of school year		Director	Staff, students	Yes